

Team Building Debrief

After completing a team building activity, it is important to have the participants think about what they did, how it worked, and how things might differ given different circumstances. Below find some suggestions for facilitating the debriefing.

- How do you feel?
 - What are your impressions of the process?
 - What are your impressions of the outcome?
- What happened?
 - How did the team work together?
 - How did the team make decisions?
 - Was a leader assigned? Did a leader emerge?
 - Do all team members agree on what happened?
- Has this ever happened to you in previous teamwork?
 - Ask participants to think of past experiences and this experience, how do they compare?
 - This will help facilitate transfer.
- What if...?
 - What would you do if any of the parameters of the activity were different?